

Type 1 or 2?

A Decision Tree for Occupational Therapy Practitioners

Introduction:

Texas Occupational Therapy licensees are legally required to complete 30 contact hours of continuing education every two years to maintain professional licensure; a minimum of 15 of these hours must be Type 2. Chapter 367 of the Texas Occupational Therapy Rules defines the two types of continuing education as Type 1 and Type 2.

[Next Page](#)

Type 1 continuing education includes courses and activities that teach general information that is relevant to the profession of occupational therapy. Examples include but are not limited to: supervision, education, documentation, pharmacology, quality improvement, administration, reimbursement, and other occupational therapy related subjects.

[Next Page](#)

Type 2 continuing education is defined as educational activities that teach occupational therapy evaluation, assessment, intervention, or prevention and wellness with patients or clients. These are specific (though not necessarily exclusive) to occupational therapy practice with patients or clients. Each Texas licensee must have a minimum of 15 hours of Type 2 continuing education activities every two years.

[Next Page](#)

Still not sure if a continuing education activity is Type 1 or Type 2? Use this decision tree to help you determine if the activity meets the definition of Type 1 or Type 2. Along with this decision tree, refer to Chapter 367 of the OT Rules for documentation requirements and additional information, such as the number of continuing education hours that may be earned for specific activities. Check the continuing education activity's description, goals, objectives, and content (usually found in a brochure or on a website), as well. (If the activity information is not found in a brochure or website, it may be advantageous for you to contact the course provider to obtain this information.)

[Begin](#)

Was this activity the fieldwork supervision of a Level 1 or Level 2 OT or OTA student?

[Yes](#)

[No](#)

Does this continuing education activity specifically address a client population group or diagnosis/condition?

Yes

No

Is the client population or diagnosis/condition addressed by this continuing education activity consistent with the clients you **currently** serve or the diagnoses/conditions you **currently** address in your practice?

[Yes](#)

[No](#)

Is the client population or diagnosis/condition addressed by this continuing education activity consistent with the clients you **plan to serve** or the diagnoses/conditions you **plan to address** in your practice before your next license renewal date?

[Yes](#)

[No](#)

Does this continuing education activity teach occupational therapy evaluation, assessment, intervention, or prevention and wellness with patients or clients and is the activity specific (though not necessarily exclusive) to occupational therapy practice?

[Yes](#)

[No](#)

Does this continuing education activity address occupational therapy theory or occupational science, frames of reference, and foundation knowledge, or the *Occupational Therapy Practice Framework*?

[Yes](#)

[No](#)

Congratulations! It appears from the answers you have given that this continuing education activity meets the definition for **Type 2**. Be sure to check the OT Rules to ensure you have the required documentation, have met all requirements, etc.

Is this continuing education activity relevant to the profession of occupational therapy and does it **primarily** address issues or knowledge related to:

Documentation or reimbursement (e.g., CPT coding, TWCC, PPS, Medicare, Medicaid)

[Yes](#)

[No](#)

Is this continuing education activity relevant to the profession of occupational therapy and does it **primarily** address issues or knowledge related to:

General information (e.g., "What is Autism?" or "Strategies for Caregivers of Loved Ones with Alzheimer's Disease")

[Yes](#)

[No](#)

Is this continuing education activity relevant to the profession of occupational therapy and does it **primarily** address issues or knowledge related to:

Supervision (non-fieldwork related)

[Yes](#)

[No](#)

Is this continuing education activity relevant to the profession of occupational therapy and does it **primarily** address issues or knowledge related to:

Education (such as courses specific to fieldwork education), pharmacology, or quality improvement

[Yes](#)

[No](#)

Is this continuing education activity relevant to the profession of occupational therapy and does it **primarily** address issues or knowledge related to:

Administration

[Yes](#)

[No](#)

Congratulations! It appears from the answers you have given that this continuing education activity meets the definition for **Type 1**. Be sure to check the OT Rules to ensure you have the required documentation, have met all requirements, etc.

We're sorry – it appears from the answers you have given that this continuing education activity does **NOT meet the definition for Type 1 or 2.**